

## Community Resources (as of 09/20/2023)

### **211info**

*Helping Oregon and Southwest Washington communities by helping people identify, navigate, and connect with the local resources they need.*

**Telephone** 503-222-5555

**Web Page** <https://www.211info.org/>

**App** Free mobile app; searchable by location, need, etc.

#### **Resource Info:**

Crisis Hotlines, Housing & Shelter, Utility Assistance, Child Care & Parenting, Food, Basic Needs, Energy Bill Assistance, Mental & Behavioral Health, Legal & Public Safety, Disaster Services, etc.

### **SnoCap Community Charities** (serving residents East of 82nd)

*SnowCap Community Charities is a philanthropic organization created to provide food, clothing, advocacy and other services to our neighbors in need.*

**Telephone** 503-674-8785

**Web Page** <https://www.snowcap.org/>

**Location** 17805 SE Stark, Portland, OR 97233

**Hours** M-F 10am-2pm

M/W 6-8pm

**Resources:** Clothing Closet (by apt.), Food Pantry, Notary, Good Neighbor Day (Food) 2nd Thurs 4-5pm, Community Garden, Monthly Senior Home Deliveries, Limited Prescription Help, Limited Energy Assistance. Diapers and Dog Food through the Food Pantry.

### **Project Respond**

Project Respond is a mobile mental health crisis response team that provides an array of crisis, specialized, and culturally aware services. Crisis Respite is designed to provide short-term stability and supports to individuals who are experiencing a mental health-related crisis. Cascadia's Urgent Walk-in Clinic provides mental health and addiction crisis services to all individuals in Multnomah County regardless of insurance, income, or age.

**Telephone** 503-988-4888 or Toll Free 800-716-9769

**Web** <https://cascadiahealth.org/services/crisis-intervention/>

Cascadia's Urgent Walk-In Clinic is open seven days a week, 7:00 a.m. to 9:00 p.m., Monday – Friday, 9:00 a.m. – 9:00 p.m. Saturday – Sunday.